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அறிக்கை
THE REPORT

ஜாதிகள் இல்லை
என்று தெருக்களில்
கோஷம் இடுகிறான்.

ஆனால் அவனுக்கு
ஜாதியை விட்டால் வேறு
வாழ்வாதாரமே இல்லை.

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“
TO
TRUST
A LITTLE
HARDER
”

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நம்பிக்கை

தமிழோடு விளையாடி
தமிழோடு உறவாடி
நாகரீகமாக வாழ்ந்த எம்
முன்னோர்களின்

சான்றுகளாக கீழடியில்
கிடைத்து வருவது தமிழர்களுக்கு
ஒரு நம்பிக்கை

வானம் வானவில்லுக்கு
நடத்திடும் வசந்த காலத்தில்

கருது பயன் இடமறிந்து
காலத்தில் பெய்யின் ஞாலத்தில்
கைகூடும்
உழவனின் நம்பிக்கை

ஆழி அலைகள் கரையை
தொட கலையாத எண்ணங்கள்
இதயம் தொட

வளர் தென்றலில் வசந்தம் வர
வஞ்சமில்லாத வார்த்தைகள்
நெஞ்சம் தொட
எல்லையில்லா வாழ்க்கையில்
இன்பத்தில் துளிர்க்கும்

நல்லதொரு விடியலில்
நற்கருணை புரிந்திடவே
எல்லையில்லா பேரழகன்

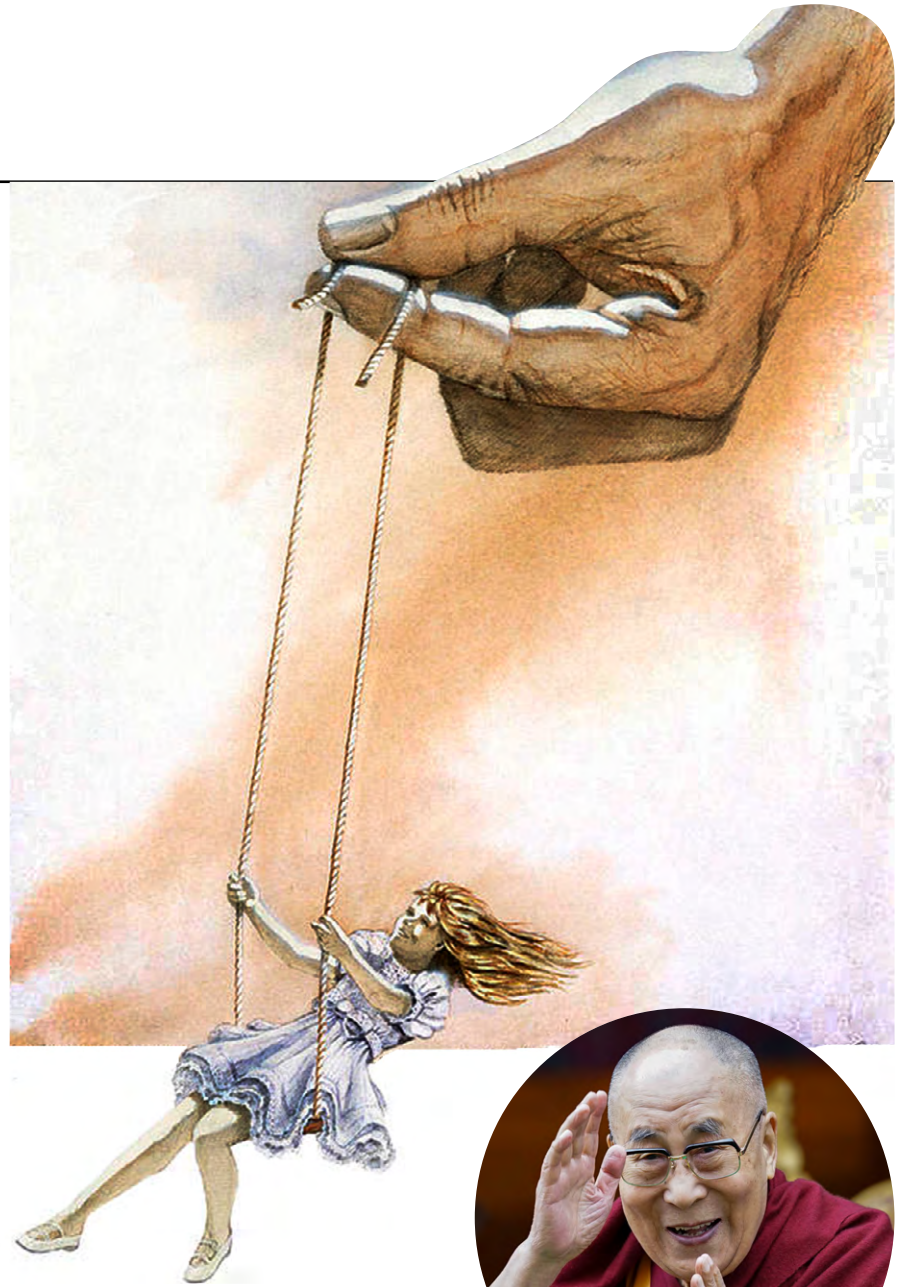
அவனி முழுவதும் பவனி
வந்து நல்லாட்சி புரிந்திட்டால்
நாட்டோர்க்கெல்லாம்
தந்திடுமே நம்பிக்கை

ஊரின் அழுக்குகள் கழுவப்படும்
மழை நாளையப்போல

நீதிமன்றங்கள் தரவேண்டியது
தீர்ப்பல்ல
நம்பிக்கையே



வானம்பாடி கவி
பழனி.யாஸ்கரன், புதுவை



editor's desk

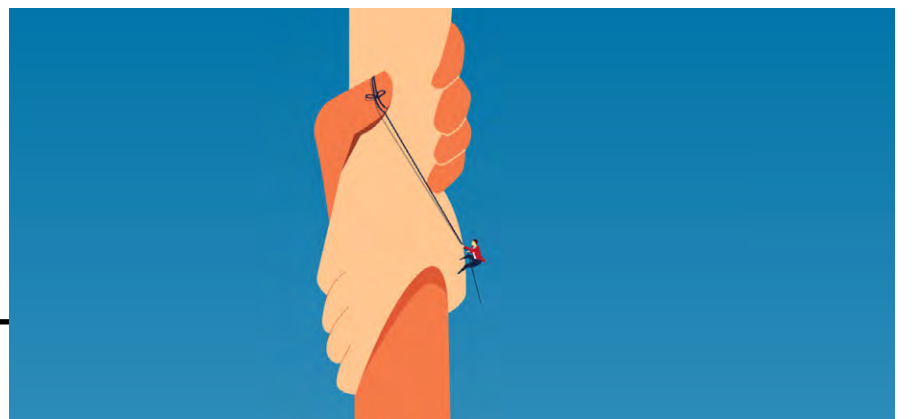
Sir... Post...!
**"TO EARN TRUST,
MONEY AND
POWER AREN'T
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YOU HAVE TO
SHOW SOME
CONCERN FOR
OTHERS.
YOU CAN'T BUY
TRUST IN THE
SUPERMARKET."**
— Dalai Lama



Trust is indispensable, yet it can be damaging. Without trusting others, we cannot function in society, or even stay alive for very long, but being overly-trustful can also be a bad strategy. Trust is pragmatic, but it also has a moral dimension: trustworthiness is a virtue, and well-placed trust benefits us all. Why do we value trust? Why do we want to be trusted? Trust is important both in the personal and public spheres, including in family and relationships as well as politics and society.



**S. Joseph
Mohanraj**
(editor -
THE POST)





“TO TRUST A LITTLE HARDER”

It is involved in delivering mail (the post)



If ever something bad had to happen to me, I know for sure that my best friend will be there to make my life instantly better!"; "I've resigned as an employee and have started my own business... Because I know that irrespective of however this goes, my life partner will always support and stand by me."; "I need to work hard and make it big in life though living in a new city is scary, because my parents have given me this freedom of moving to a different city that most girls do not get."; "I'm not worried about what will happen to me, I know that there is a person who is fighting for me." Dear reader, each of these sentences here might resonate with you in a way where you might have heard someone say it, or

better still you yourself might have been in a circumstance where you said these lines. Each stem from different relationships... Be it love, parental care, friendship, advocate. Whatever the relationship might be, whoever it involves there is one emotion that all of them put across the table in general. Trust.

We say that every relationship is based on trust... And all else follows. We love because we trust. We acquaint and become friends with because we trust. We hope, believe and look forward to the better things in life because we trust ourselves and those around us to make it through one day. Through time, we have seen how trust has changed history... History wherein when trust was upheld, so was genuine friendship and positive relations between countries and kings. Trust in the form of love between two people who could never court face to face but instead had to wait for messengers for days together. Trust in the form of belief

among the common people in their administrators though they had immense wealth but still cared for their kingdom's people. On the flipside of course is the prospect of betrayal which has re-written history in a more drastic way than when trust was upheld. Taking the classic case of Judas betraying Jesus' trust in his disciple; or Ram's suspicion on Sita after she was saved from Ravana reminding us of how trust betrayed brings out changes in a human that history never forgets.

Trust can be a very scary concept these days, given that young people of this generation have quite easily developed trust and commitment issues because of the way in which relationships have become so casual. Moving on from a relationship with a person with whom the rest of one's life was imagined; putting away the memories shared over more than a decade with a person once considered 'best of friends'; shaking off ties with a family that promised love

TRUST CAN BE A VERY SCARY CONCEPT THESE DAYS, GIVEN THAT YOUNG PEOPLE OF THIS GENERATION HAVE QUITE EASILY DEVELOPED TRUST AND COMMITMENT ISSUES BECAUSE OF THE WAY IN WHICH RELATIONSHIPS HAVE BECOME SO CASUAL



but instead shoved hatred are all examples we easily see around us unlike from previous times. But dear reader, don't be so quick to say "This generation is like that" with a sarcastic sigh. Because as much as I find it hard to trust anyone now... It is equally true that we are told not to do this right from when we were a little child. "Don't take candies from strangers". But too said that we were not told that strangers can also be people who we are most close to. We are warned a million times to keep safe from enemies and that you can never trust them.

But how many times are we warned to keep safe from friends, family and a loved one. Trust is too powerful a word to exclude anyone out of it. The run after wealth and fame in a world that forgets those who cannot afford it, stuck in time that stops for none has brought out the worst in some of us. From doing whatever it takes to keep going higher in the social ladder, humankind has forgotten that the generations to keep will see nothing but betrayal and hatred as role models. With the way in which every aspect of life is portrayed in movies it is only fair for people to genuinely stay away from hurting themselves by trusting another. But running away from trusting someone is an entirely a different type of throw off considering the fact that out of the many things that money can't buy... trust is one that takes the trophy. If all else, trust should be the one that money can never buy, unlike happiness for which - of course - to a large extent money does help. So if that's the case, then what has become of us to shove such a priceless entity under the carpet and go about



A message that I would like to put across at the end of this is irrespective of how often we see people who are close to us as space is to earth, they can often end up being as far from us as the earth is to the sun. And yet, humanity tends to be much larger when all of us are put together in the face of adversity. Strangers become life savers and those we wouldn't dream of associating with can become best friends for life. Trust in life a little more, because each of us have a story that stirs love in another. And we wouldn't know that until we live a little more... away from the competitive run, away from betrayal and in true trust in one another. And if that doesn't turn out well... It's just a good lesson learnt, isn't it?



living a life where no one trusts another?

A recent talk of the town is the movie Jai Bhim - a movie that stood out to me not only because of the crux of what the fight was for. But also, for something else... Something that makes any heart move. The trust that the oppressed man had on his wife that she would somehow save him, the trust that the woman had on her advocate that he his fight would uplift an entire community, the trust that the advocate had on the truth. Irrespective of anger, love and hate that was shown in this movie... trust is one that brought each of these individuals together in a fight that is incomprehensible to many even in this day and age. But of course, I will leave the reader to watch the movie and see that for themselves.



Annette Haveela Joseph
UNICEF Youth Advocate
MSW, 2nd Year, Christ University,
Bengaluru.



Let me begin with an age-old anecdote narrated to explain what TRUST is. It was an aircraft flying in the middle of the sky and the captain announces, "Something happened and there is a problem in the engine and we are having an emergency landing. Kindly be seated with seatbelts and hope for the better." There was a little child moving here and there, not worried about this announcement and was busy with the toys. The person, sitting next to the child asks, "Are you not worried about the situation? We are going to die. The plane is going for an emergency landing. Nobody knows what will be." The little child smiled and said, "I am not worried because the captain of this aircraft is my father. He will not allow me to die." It is an amazing answer of a little child about TRUST.

Similarly, there was a young child crossing the river with the father and the father told, "Hold my hand honey, we are crossing the river." The little child replied, "Daddy, if I hold the hand, I may leave it when the water current is heavy. But if you hold my hand, daddy, even if the water current is heavy, you won't leave me." The father was surprised and held the hand of the little child. This is an instance of TRUST. These are little anecdotes, may be a little too much but do convey a profound meaning. Without TRUST, the world does not exist. Without TRUST, human beings do not exist.

Solitary life does not go with human life or with any living beings. Man does not live alone rather depend on others for his existence. From birth to death, man has to depend on others. Without the relationship of the male and the female, new human life is impossible on earth. Marital union brings forth children is a deep-rooted belief and it leads to trust each other, the couple. When human beings die, the other persons carry to the graveyard or burning-ghat or crematorium. None can be self-sufficient in the sense that not all the necessities can be met individually.

Therefore, dependency becomes part of human life and thus leads to trust.

Trust is an essential part of human life and humans have this emotion naturally. No one can live without this emotion. This is essential in human life because as stated earlier no one is an island. According to Paul Thagard, "Trust is an emotional brain state, not just an expectation of behavior." Trust is the central part of human relationships as well. To have romantic relationships, family life, politics, business and so on, everything depends of trust. If you do not trust your doctor or cook, you have to suffer or die. The emotional state that makes human beings beautiful and happy is trust. Have you not seen the spouses when they trust each other enjoy their spousal relationship? True, trust makes people happy.

But, what is TRUST? Is it a behaviour that a person exhibit? Is it a belief that something is like that? Trust is an abstract mental attitude toward

a proposition that someone is dependable. Trust is that you believe somebody indefinitely. Trust is a feeling of confidence and security that a partner cares.

Trust is a complex neural process that binds diverse representations into a semantic pointer that includes emotions. Paul Thagard says, "Trust is a feeling of confidence and security is much more plausible than behavioral, probabilistic, and philosophical views." Normally, trust is understood from the external behaviour of

the other person. In most of the cases, we have trust on others without any dependence on them. Trust has also a business meaning that goes well with the partnership in business. My concern is not of that. My focus is on the simple meaning of trust and its influence on our lives.

Trust is very essential for relationships. For instance, if a partner goes for work and the other is restless at home and checks the mobile as soon as he/she enters home, it is the sign of mistrust. Trust is nothing but the faith that you have on the



other person whom you think that he/she will be always loyal to you. It is the building block for a good relationship. It is necessary for living too.

Ralph Waldo Emerson says, "Self-trust is the first secret of success." Trust begins from oneself. If one is not able to believe in himself or trust oneself, he/she cannot trust others. Many might have encountered persons who never trust others and always do things on their own. Even if something is entrusted to someone, such persons will often come and supervise things as if others cannot do well. Hence, trust in oneself is very essential for a healthy life. How is to build up? Essentially, we must cultivate a positive personality atmosphere; come out from inferiority complex; admire one's own body; believe in the capacity; take initiatives; grab the opportunities; do to the maximum.

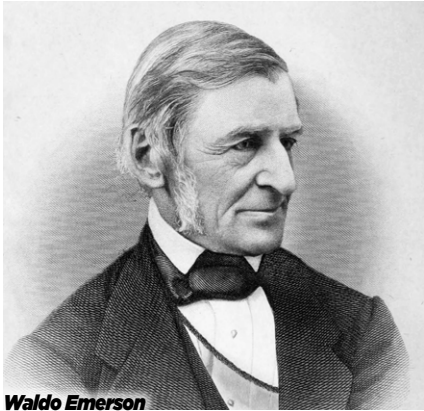
Natalie Goldberg says, "Trust what you love, continue to do it and it will take you where you need to go." The unique thing in life is that each one has one or the other capability or talent and the sad part of it is that only a few recognize it. Self-trust begins from finding out the interesting thing or habit in life. The interesting habit, attitude, thing leads to action and it is performed with love makes a person recognized. Hence, you should trust the thing that is interesting you and do something for that interest. If a person is not trusting himself/herself, it is a sign of inferiority complex and a feeling of insecurity. This is not good for a healthy life and happy life. Sadness becomes part of such persons.

Anton Chekhov says, "You must trust and believe in people, or life becomes impossible." When you travel in a bus, a train, or an aircraft, you must trust the driver or the pilot that he/she will safely reach the destination. If you do not trust them, you cannot travel and everywhere you cannot go in your own car or not all can buy an aircraft. It is not possible for an individual to be a driver always and everywhere. Take instances of food, shelter, dress, education, and everything, the totality of beings, all depend on the other. An animal depends on the nature. Nature depends of nature i.e. without rain nature cannot survive and without nature, there cannot be rain.



Therefore, our lives revolve round on other persons.

For Stephen Covey, trust is necessary for a meaningful communication. He says, "When the trust is high, communication is easy, instant, and effective." Communication is an essential aspect of human life and a real communication is possible, when there is trust. Of course, here communication signifies or goes well with the relationships. However, in all the spheres of life communication is possible only with full trust. If a leader trusts his people, he announces or shares all the views with the people. If he finds someone is not capable of keeping the secrets, he may not disclose everything in public but within a short circle. Hence, trust enhances communication. Now there is not meaningful communication between the



Waldo Emerson



Natalie Goldberg

people and the government, because nothing is done for the ordinary people and it has all the agendas for the so-called business people.

When we discuss such a theme like trust, we must remember that it is more psychological and emotional. Hence, the belief, which one has on the other, depends on the disposition of the other. Trusting others for our living is different from trusting someone for a good relationship. For instance, if one does not believe in a certain shop about the quality of the material that is sold, the person has the possibility of changing the shop and it does not affect the living because there are numerous shops or places where one can find a



Paul Thagard

quality material. But, when we speak about trust in human relationships it is more serious and great care is necessary.

The reason for great care signifies the experience that we encounter of the mistrust. Trustingly someone says something to someone and within no times, the whole world knows. This is the experience of many. Today with the advanced technology, the privacy of human beings is questioned and the human person is left naked in the midst of the world. Therefore, trust is essential in today's world. Having a trustworthy person is a great gift in the contemporary society.

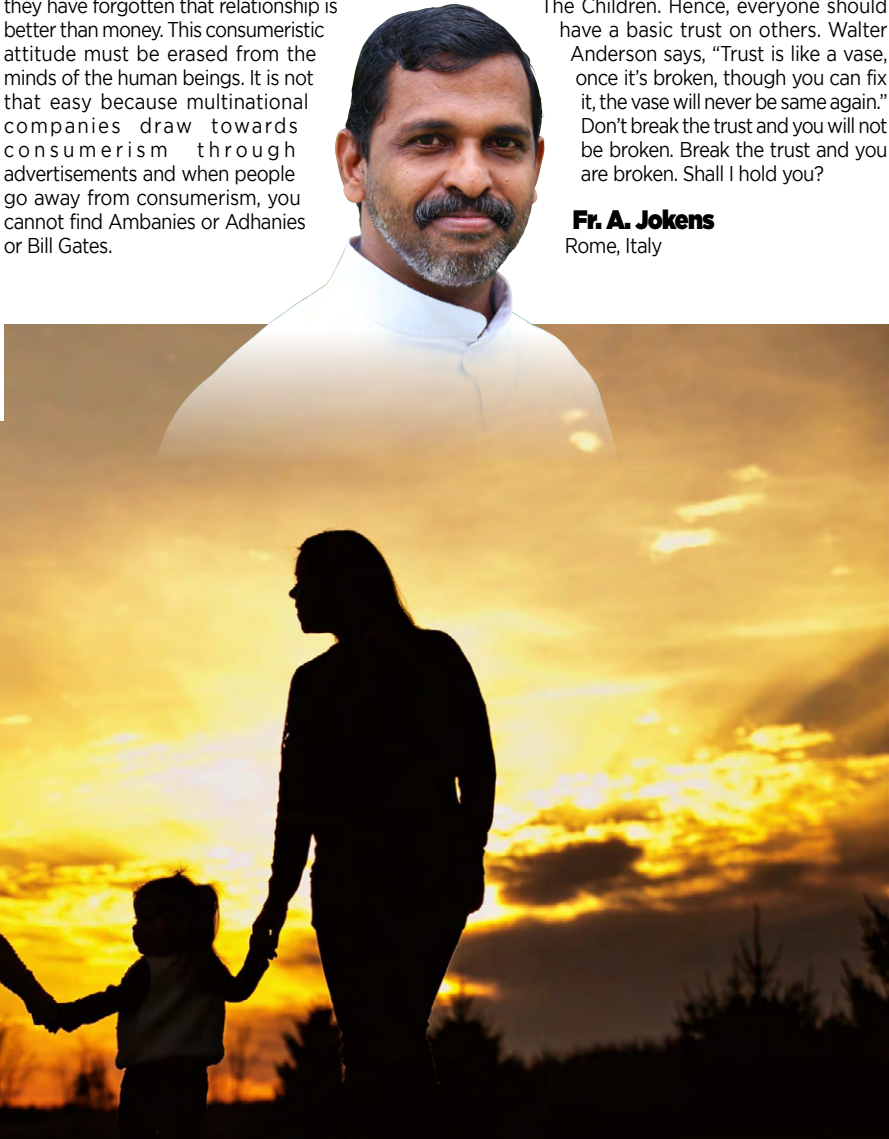
How do we inculcate trust in other persons? Today, human beings have gone after money and power and forgotten human kindness. Consequently, there are big houses but no homes; there are smooth beds but no sleep; there are people at home but in every corner. The world is going towards individualistic. People think that money can do everything. Nevertheless, they have forgotten that relationship is better than money. This consumeristic attitude must be erased from the minds of the human beings. It is not that easy because multinational companies draw towards consumerism through advertisements and when people go away from consumerism, you cannot find Ambanies or Adhanies or Bill Gates.

How do you build trust in yourself?

1. Be true to your word;
 2. Have a polite and effective communication;
 3. Build trust gradually;
 4. Always be honest;
 5. Participate in social works;
 6. Always do what you believe to be right;
 7. Don't hide your feelings;
 8. Admit your mistakes;
 9. Value the relationships that you have—and don't take them for granted;
 10. Take time to make decisions and think before acting too quickly.
- Remember these tips and practice them in your life.

Let me conclude with this: There is a man, who always suspects his wife. Both are working. He thinks that his wife is not true to him. His wife says that he thinks thus but in reality not. Now, they are fighting every day at home. There is no peace at home, both accept. Who is affected? It is The Children. Hence, everyone should have a basic trust on others. Walter Anderson says, "Trust is like a vase, once it's broken, though you can fix it, the vase will never be same again." Don't break the trust and you will not be broken. Break the trust and you are broken. Shall I hold you?

Fr. A. Jovens
Rome, Italy





A WAKE UP CALL TO THE PARENTS OF THIS GENERATION..

Hi friends, on this day I sit down with a heavy heart to write as I'm trying to pen down something that disturbs me a lot. The writing prompt for this month is "Trust"... When the society puts its trust on someone other than a parent for a child, it tends to be a teacher. As the nation celebrates Children's day on 14th November, a child who was entrusted to a teacher lost all her confidence on this teaching community and ended her life. What would have made her do this? Is it the fear of facing the society? Is it the fear of letting parents know about what happened to the child? Is it the negligence of the persons to whom the child was entrusted? So many questions... And I feel this is where comes the role of trust.

Trust simply means to be the confidant of the person who trusts, and I urge the parents of this generation to be their children's confidant.



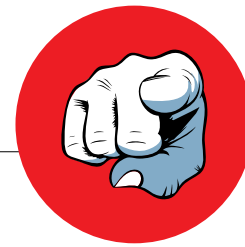
Being trustworthy to someone should begin at home in specific, children should have the freedom to express whatever situation they may come across to parents wherein the parents - without being judgmental - should be able to look at the problem as it is. If a child is able to reach out to the parent even when she is at fault there comes the trust and yes, the child totally trusts its parents at that moment.

On the whole, the society also has a role to play in terms of trust. Yes friends, being judgmental is what demands people to not speak out about the injustice done to them. So let the young generation have trust on the society, which will stand along with them to support and fight for their justice. Trust simply means being there for someone who needs help, without any posing demands.



Mrs. Shanti Victoria J
St. Joseph's matriculation higher secondary school
Trichy road
Coimbatore 18





HOW TO BUILD TRUST: 10 GENERAL TIPS



Franklin S



Be true to your word and follow through with your actions

The point of building trust is for others to believe what you say. Keep in mind, however, that building trust requires not only keeping the promises you make but also not making promises you're unable to keep. Keeping your word shows others what you expect from them, and in turn, they'll be more likely to treat you with respect, developing further trust in the process.

Remind yourself that it takes time to build and earn trust

Building trust is a daily commitment. Don't make the mistake of expecting too much too soon. In order to build trust, first take small steps and take on small commitments and then, as trust grows, you will be more at ease with making and accepting bigger commitments. Put trust in, and you will generally get trust in return.



Take time to make decisions and think before acting too quickly

Only make commitments that you are happy to agree to. Have the courage to say "no," even when it disappoints someone. If you agree to something and can't follow through, everyone involved is worse off.

Value the relationships that you have—and don't take them for granted

Trust often results from consistency. We tend to have the most trust in people who are there for us consistently through good times and bad. Regularly showing someone that you're there for them is an effective way to build trust.



Always be honest

The message you convey should always, always be the truth. If you are caught telling a lie, no matter how small, your trustworthiness will be diminished.

Help people whenever you can

Helping another person, even if it provides no benefit to you, builds trust. Authentic kindness helps to build trust.



Don't hide your feelings

Being open about your emotions is often an effective way to build trust. Furthermore, if people know that you care, they are more likely to trust you. Emotional intelligence plays a role in building trust. Acknowledging your feelings, learning the lessons that prevail, and taking productive action means that you won't deny reality—this is the key to building trust.



Don't always self-promote

Acknowledgment and appreciation play an important role in building trust and maintaining good relationships. Recognizing and appreciating the efforts of others shows your talent for leadership and teamwork and increases the trust others have in you. On the other hand, if people don't demonstrate appreciation for a good deed, they appear selfish. Selfishness destroys trust.

Always do what you believe to be right

Doing something purely for approval means sacrificing your own values and beliefs. This decreases trust in yourself, your values, and your beliefs. Always doing what you believe is right, even when others disagree, will lead others to respect your honesty. Interestingly, when building trust, you must be willing to upset others on occasion. People tend not to trust those who simply say whatever they think others want to hear.



Admit your mistakes

When you attempt to hide your mistakes, people know that you are being dishonest. By being open, you show your vulnerable side, and this helps build trust with other people. This is because they perceive you to be more like them—everyone makes mistakes. If you pretend that you never make mistakes, you'll make it difficult for others to trust you because you have created an unnecessary difference between the two of you. When all that a person sees is the "perfection" you project, they likely won't trust you.

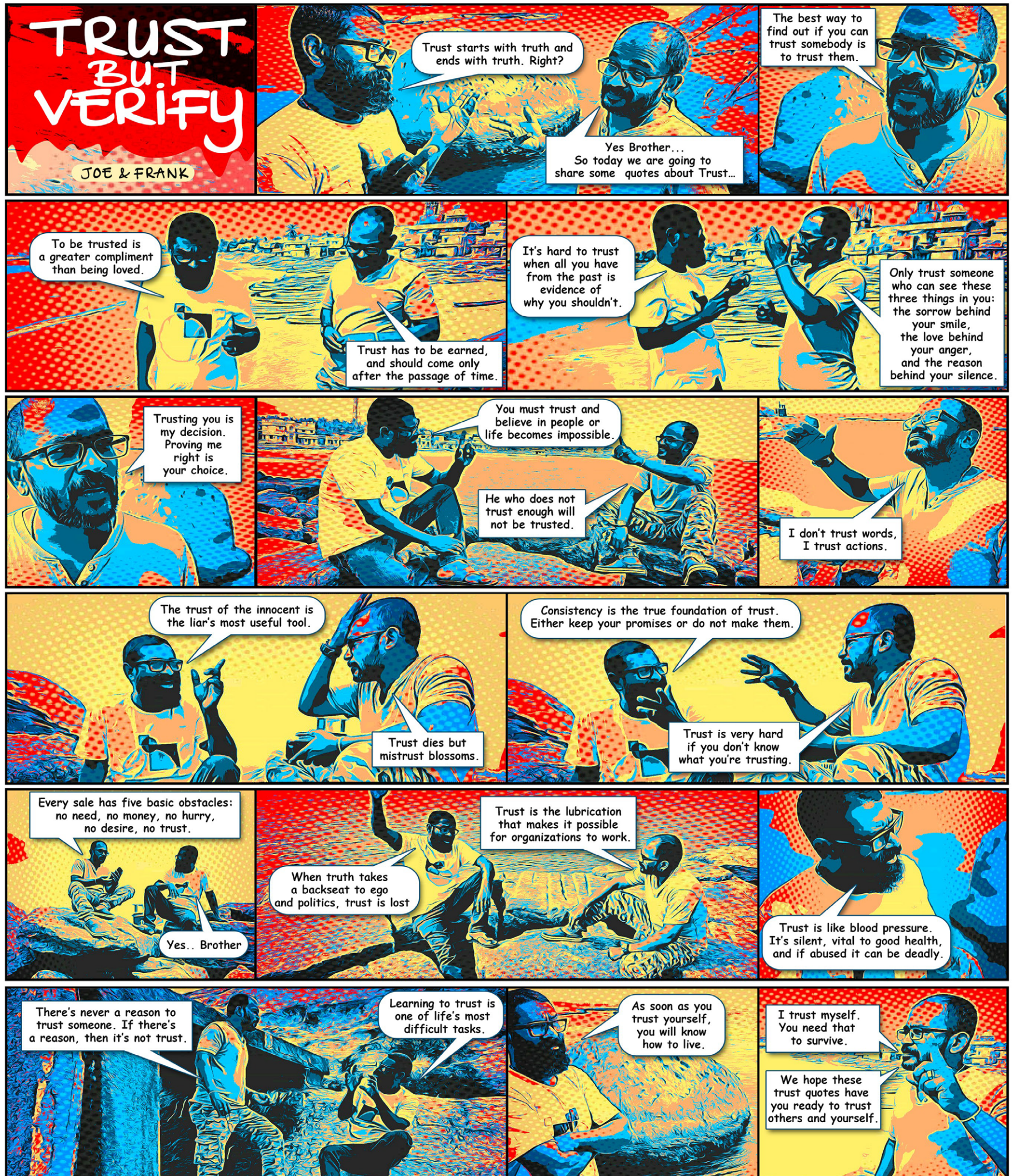
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This JOE & FRANK Comic strip will continue every month with a new storyline! Watch this space for more...



JOURNEY OF ASPIRING CHANGE MAKERS...

<https://www.instagram.com/p/CVzONBDIPm9/>

Harshini's digital skill and aspiration of wanting to be a change maker fueled the creation of foundations digital face, Haseena's commitment and drive helped the formation of foundation , Ikram's involvement and drive helped to identify deserving candidates to support them through the foundation, Vanshika's involvement in arts and her passion to grow, inspire people on this front and Rishit's individual drive and his love to make this foundation a



- Mother Teresa

work is in progress for skilling youth, helping single parents (Especially women), Promote arts & Crafts and to help plant more trees.



CREATOR OF TRUST AND THE AUTHOR OF CONFUSION

The mind is its own place, and in itself can make a Heav'n of Hell, a Hell of Heav'n, the words from the heart of John Milton in his brain child Paradise Lost. Trust is an important component in the Mind Game. Each and every thing in the world is created by trust and destroyed by distrust. The Americans the cocktail products of the European community in the formation of the United states declared that "In God We Trust". As the blind poet claims that Trust is a belief system which makes your world. World is the world it is neither heaven nor hell as claimed by the him. Here exist all the qualities of the heaven and hell. It is human system to choose it, trusting and believing a thing is the seed of making a thing. The seed either grows in the climate of heaven or hell and fix your destiny.

Marriage, Business Partnership, Educational institution, Hospitals, Banks, Religious leaders,



Political system, Judicial Operations and parental relations everything is depend on trust. On breach of the trust remedies are provided by the state laws. The outcome of such laws are Divorce laws, Contract Act, Constitutional laws, Procedural and substantial laws.

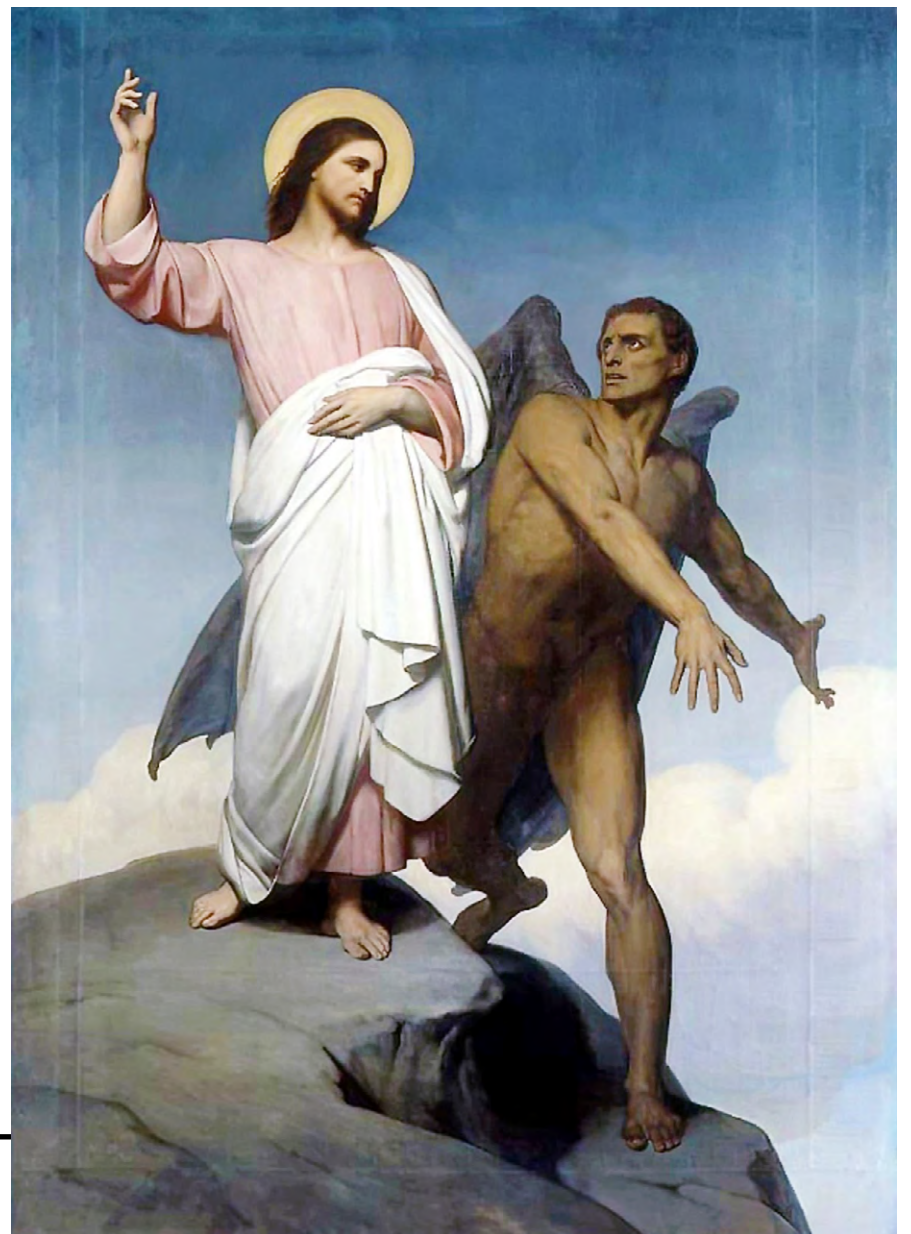
When you breached the trust of the god then it is blasphemy. When the nations trust is breached it is sedition. Both are serious crime. Betrayal is a form of breach of trust. When the inner circle mate Judas Iscariot breached the trust of the Jesus which ended in the resurrection of Jesus is the starting point of the Christianity.

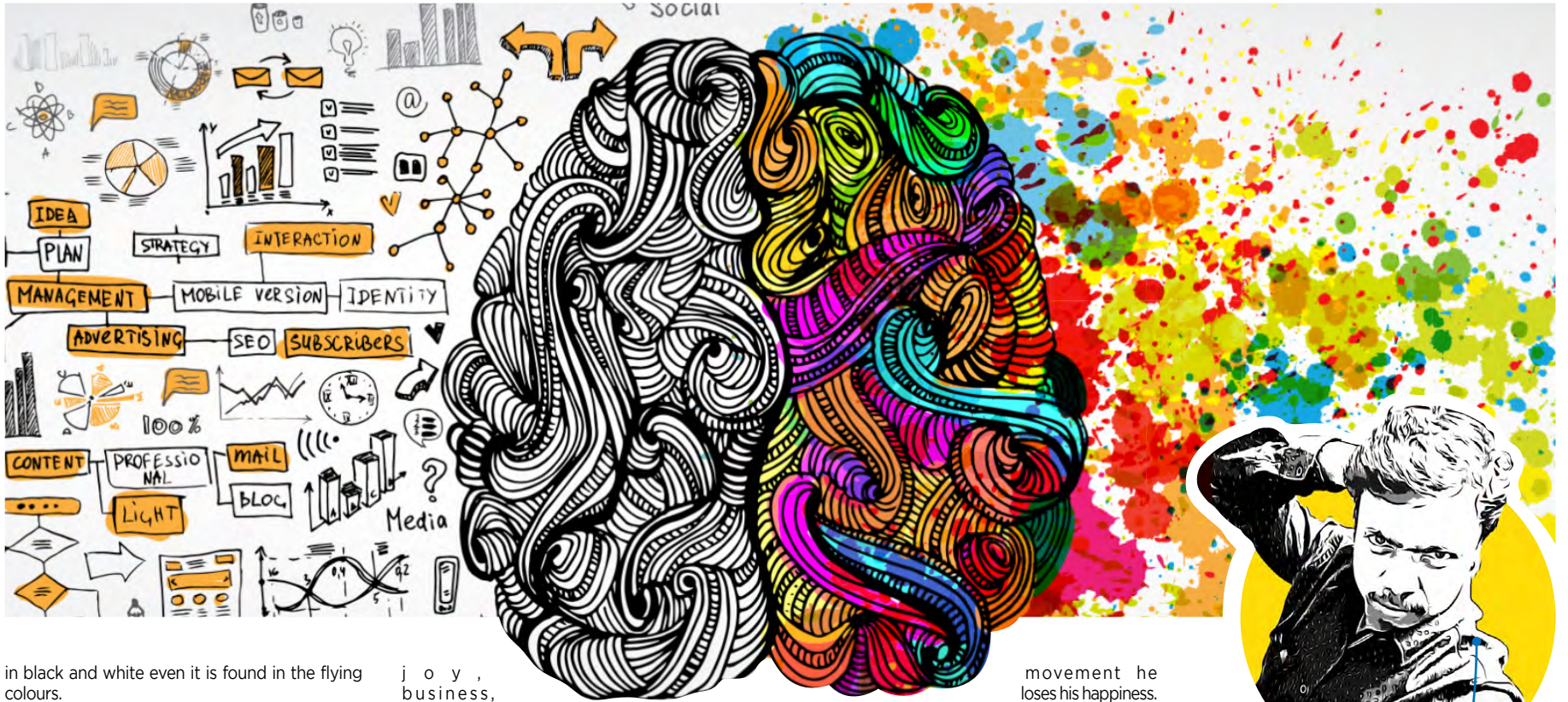
The world's entire business is depending on trust. Customers purchase a product only on its bonafide. When a product was non genuine then customers lose their trust. Many duplicate products of big brand and resembling the name and the style of the big brands are now penalised by the trade and merchandise act for the breach of trust. In India nearly 200 applications are filed in the trademark registry to protect their trademark. People are trusting a trademark and they thing

that was not misused. But the black market makes huge profit by playing the trust kept by the people on a particular product.

The tangible and intangible things are now manipulated, by the illegal encroachers. They duplicate everything from the land documents to bedi cigarettes. Humans want to regulate and preserve their trust system by their own laws.

The trust is belief system. The mind is creative and destructive source of the life. The brain is the battle field. When you attain peace in the brain, the creative system works and when there is a confusion in the mind, the destructive system works. The brain trust what are it sees, hears, smells, tastes and feels, these are the five basic senses of the human beings. The trust system of an amoeba is only feeling. It won't believe reddish sky, amber, butter Scottish and daffodils. The one cell living organisms never trust other than it feels. It only knows hot and cool not the depths and breaths of the earth. When you put a same question to the chimpanzee, it won't trust the blue whale and the golden temple other than the things





in black and white even it is found in the flying colours.

The main secret of the creation is that the creative power believes what its things to create. If the man wants to live in the centre of the earth then first, he must believe it, this what the trust system works. We know it is difficult to believe it by the entire human masses. This is the disadvantage of the humans. When you want to live in the centre of the earth and the human brain disapproves it, then it is called as the battle in the mind. The devil is the author of the confusion, declared by the Christ Jesus. Man fears to live in the centre of the earth, the fear is the dominant weapon used by the devil.

Man loses his trust when he was filled with doubt and fear. Man has other two super elements in him, they are called as conscious and sub-conscious by the genius world. They failed to see it as an outer trust and the inner trust, when both the outer and inner have trust in a same thing then it will be created. This is the secret of the creation.

You can create your own happiness,

joy, business, education, home, spouse and your own world, everything depends on the trust.

There is an untold story, I reveal first time here. When I held a meeting on happiness, every one introduces themselves. The first came and said that I am happiness, second says that I am extended happiness, the third says that he is surrounded by happiness. And I introduced myself that I am the source of happiness. The system of happiness is one of the components of trust. One day the place was surrounded by sorrow, the third party who was not a happiness now even lost his happiness atmosphere because of his distrust. The second person extended happiness was caught by sorrow, he loses his extended happiness and contained only with happiness. The first person was happiness was pulled by sorrow, the next

movement he loses his happiness.

When the sorrow came to me it cannot reach me or take away my happiness, because I am the source of happiness which run as living waters from me. It destroys the sorrow when the happiness flows from me. The first three persons are living in a trust system, when their trust is destroyed, they disappear. Since I am the source, I am not bounded by the trust system, because I am doing the creation. Even men have three minds in them, but they failed to realise the second and the third mind and even most of humans are living without the mind. Hence every laws and regulations are made in this world to preserve the Trust system.

Satish Kumar
Advocate,
Madras High Court

When you breached the trust of the god then it is blasphemy. When

the nations trust is breached it is

sedition. Both are

serious crime. Betrayal is a form

of breach of

trust. When the inner circle

mate Judas Iscariot

breached the trust of

the Jesus which

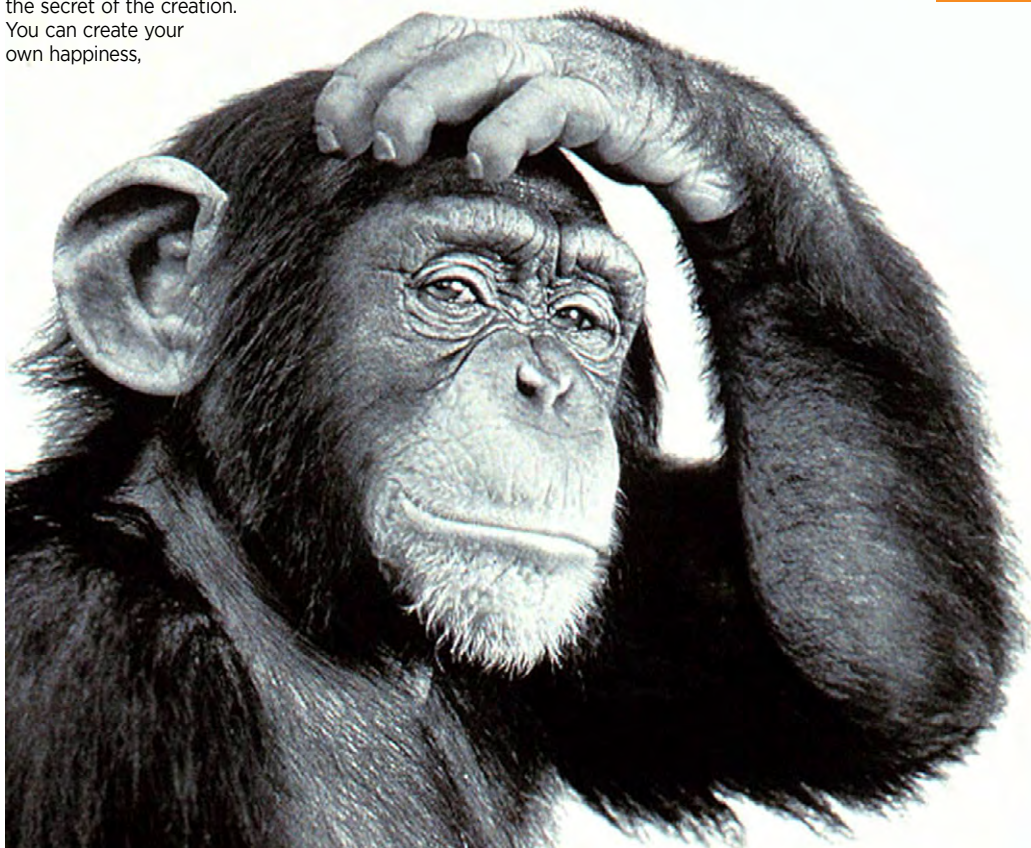
ended in the

resurrection of

Jesus is the

starting point of the

Christianity





பலருக்கு தலைவனாக ஆசை இருக்கிறது ஆனால் அதற்கான திறமையை அவனால் கடன கூட வாங்க இயலாது.

உரிமைக்கு குரல் கொடுக்கிறேன் என்று அலைகிறது ஒரு கூட்டம். ஆனால் அவர்களின் பின்னால் ஒடுக்கப்பட்டவர்கள் என்று ஒரு கூட்டத்தை உருவாக்கி வைத்திருக்கிறார்கள்

பலருக்கு உணவும், உடையும், தங்க இடமும் கொடுத்தேன் என்பான். அந்த பலரை வைத்து தான் அவன் வாழ்க்கையே நகர்கிறது

சிலர் அதைச் செய்தோம், இதைச் செய்தோம் என்பார்கள். தேடிப் பார்த்தால் அவர்கள் செய்தது எதுவுமே கண்ணில் தென்படுவதில்லை.

ஜாதிகள் இல்லை என்று தெருக்களில் கோஷம் இடுகிறான். ஆனால் அவனுக்கு ஜாதியை விட்டால் வேறு வாழ்வாதாரமே இல்லை.

விதைத்த விதைகள் பயிராகும் போது இடையிடையே களைகள் வளர்வதுண்டு, நாம் அகற்ற வேண்டியது களைகளை மட்டுமே, கதிர்களை அல்ல. !

செய்ததையும், செய்யவிருப்பதையும், உண்மை மாறாமல் எடுத்துரைப்பதுதான் அறிக்கை! பொய்யாய் வாசியதற்காக போலியாக தயாரிக்கப்படுவது அறிக்கை அல்ல !

தேவை அறிந்து சேவை செய்வதே சிறந்த தொண்டு. விளம்பரத்திற்காக சேவை செய்வதாக நடிப்பது ஒருபோதும் தொண்டாகாது.

அறிக்கை THE REPORT

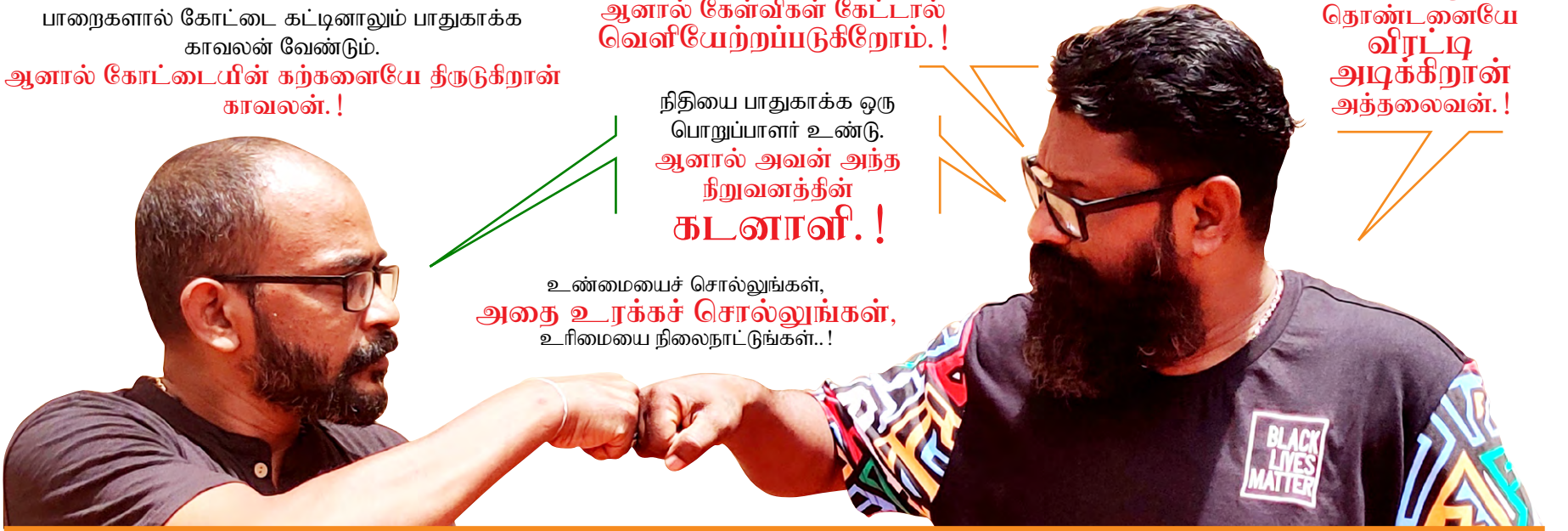
பாறைகளால் கோட்டை கட்டினாலும் பாதுகாக்க காவலன் வேண்டும். ஆனால் கோட்டையின் கற்களையே திருடுகிறான் காவலன். !

கேள்விகளால் விடையும் உண்டு, விடியலும் உண்டு. ஆனால் கேள்விகள் கேட்டால் வெளியேற்றப்படுகிறோம். !

நிதியை பாதுகாக்க ஒரு பொறுப்பாளர் உண்டு. ஆனால் அவன் அந்த நிறுவனத்தின் கடனாளி. !

உண்மையைச் சொல்லுங்கள், அதை உரக்கச் சொல்லுங்கள், உரிமையை நிலைநாட்டுங்கள்.. !

தொண்டர்களால் தேர்ந்தெடுக்கப்படுபவன் தலைவன். ஆனால் தொண்டனையே விரட்டி அடிக்கிறான் அந்ததலைவன். !



உங்களைச் சுற்றிய பொய்யான நிகழ்வுகளை எங்களுடன் பகிர்ந்து கொள்ளுங்கள். உங்கள் எண்ணங்களும், சிந்தனைகளும் இங்கே அறிக்கையாகும்.

உங்களுடன் இணைந்து நாங்கள் தயாரிக்கிறோம் இந்த “அறிக்கை | THE REPORT”

நாங்கள் தொலைவில் இல்லை. உங்கள் விரல் தொடும் தூரத்தில் மட்டுமே

arikkai.thereport@gmail.com

+91 94868 85101

நீ யார் என்பதை அறிந்துகொள்

(இது ஆத்மார்ந்த முத்தோரின் அனுபவ அறிவுரை)

உன்னை வாழ்த்த மனம் இல்லாதவர்கள் இருப்பார்கள். அவர்களைப் பற்றி கவலைப்படாதே. நீ எதை செய்தாலும் அதில் ஒரு குறையை கண்டுபிடிக்கக்கூடிய மனிதர்களும் இருந்து கொண்டே இருப்பார்கள். அதையும் பெரிது பண்ணாதே. உன் லட்சியம் எதுவோ அதை நோக்கி பயணம் போ.

ஒன்றை மட்டும் தெரிந்து கொள். ஒவ்வொரு மனிதனும் தனித்தனி ஜென்மங்கள், தனித்தனி பிறவிகள், தனித்தனி ஆன்மாக்கள்.

அவர்களுக்கென்று தனித்தனி ஆசாபாசங்கள் இருக்கும். குணங்களும் இருக்கும். அதன் வழியில் தான் அவர்களின் பயணமும் இருக்கும். அவர்களை ஒழுங்கு படுத்துகிறேன் என்று வேதனைகளை சுமந்து கொள்ளாதே. அவர்கள் போகும் வரை போகட்டும். போய் ஒரு அனுபவத்தை பெற்றபின் திரும்பி வருவார்கள்.

அதுவரை நீ பொறுமையாக இருக்க வேண்டும். அவர்கள் போன பாதை நல்லதா? கெட்டதா? என்பதை அவர்களாக உணர்ந்தால்தான் அவர்களுக்கு ஒரு உண்மை தெரியும். அந்த உண்மையை நீ முன்கூட்டியே சொன்னால் உன்னை அவர்களுக்கு பிடிக்காது. இதுதான் வாழ்க்கையின் தத்துவ உண்மை.

அவர்களது பூர்வ புண்ணியத்தின் அடிப்படையில்தான் அவர்களின் குணங்களும் செயல்களும் இருக்கும். அது, உடன் பிறந்தவர்களாக இருந்தாலும், நண்பர்களாக இருந்தாலும், கணவன், மனைவியாக இருந்தாலும், பெற்ற குழந்தைகளாக இருந்தாலும், பேரன்

பேத்திகளாக இருந்தாலும், எந்த உறவுகளாக இருந்தாலும்,

அவர்களது பிறவி குணம் ஒரு போதும் மாறாது. எதைச் செய்ய வந்தார்களோ அதை செய்வதுதானே அவர்களின் விதி. இதை நீ மாற்றி அமைக்க முடியுமா? ஒதுங்கி நின்று வேடிக்கை பார்!

பந்த பாசத்தில் உள்ளே விழுந்து அறிவுரை சொல்லுகிறேன் என்று கெட்ட பெயரை சம்பாதித்துக் கொண்டிருக்காதே. அவர்களுக்கு அனுபவம் தான் குரு. அந்த அனுபவம் ஏற்பட்ட பிறகு தன்னை மாற்றிக் கொள்வதற்கு அவர்களுக்கு விதி இருந்தால் தன்னை திருத்திக் கொள்வார்கள். அதுவரை நீ பொறுமையாக இரு. செயற்கையாக ஒரு குணத்தை உருவாக்கி உன்னிடம் அன்பை காட்டினாலும், தான் யார்? தன் குணம் என்ன? என்பதை ஒரு நாள் வெளிப்படுத்தி விடுவார்கள். எதையும் ஏற்றுக்கொள்ளும் பக்குவத்தோடு இருந்து கொள்ள பழகிக்கொள். நாம் வந்து போகும் உலகத்தில் பிறந்திருக்கிறோம்.



அவரவர்களுக்கு என்ன வேஷம் கொடுக்கப்பட்டிருக்கிறதோ அதைத்தான் செய்து கொண்டிருக்கிறோம். அதைத் தவிர நாம் வேறு எதையும் செய்து காட்டமுடியாது.

எல்லையில்லாத அன்பை வைத்திருந்தேன் என்னை ஏமாற்றி விட்டார்கள் என்று புலம்பிக் கொண்டு இருக்காதே. கடலுக்கும் ஒரு எல்லை வைத்திருக்கிறான் கடவுள். அதையும் மீறி சிலவேளைகளில் இறைவன் வகுத்த எல்லையை கடல் தாண்டி விடுகிறது. அது போல் இயற்கையின் சுபாவங்களைப் போல் மனித இயற்கை சுபாவங்கள் சில நேரங்களில் தங்களை வெளிப்படுத்தி விடும். நீ உன்னை எப்படி வைத்துக் கொள்ள வேண்டும் என்று நினைக்கிறாயோ அப்படி வைத்துக் கொண்டு வாழப்பழகிக் கொள். அதில் நன்மை வந்தாலும், தீமை வந்தாலும், உனக்கும் ஒரு அனுபவம் கிடைக்கும். அதை வைத்து உன்னையும் திருத்திக் கொள்ளலாம்.

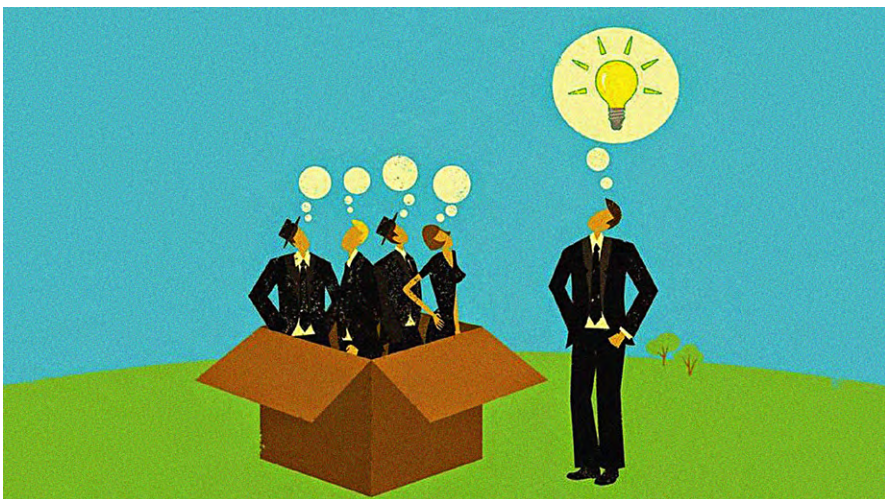
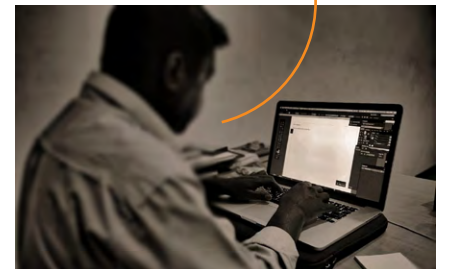
இன்பமானாலும் துன்பமானாலும் அதை நீயே சந்திக்க கற்றுக்கொள். அதை பகிர்ந்து கொள்வதற்கு ஒரு துணையைத் தேடாதே. உன் இன்ப துன்பத்தில் பங்கு பெறுவதற்கு இந்த பிரபஞ்சத்தில் ஒருவர் பிறந்திருந்தால் நிச்சயம் அவர் உன்னை

கைவிடாமல் உன்னோடு சேர்ந்தே பயணிப்பார். அது உன் பிறவி பிராப்தத்தை பொறுத்து இருக்கிறது. அப்படி அது நடந்து விட்டால், எந்த சூழ்நிலையிலும் உன்னோடு இணைந்தே இருப்பார். நீ பெண்ணாக இருந்தாலும், ஆணாக இருந்தாலும், வரும் துன்பத்தை எதிர்கொள்ளக்கூடிய ஆற்றலை உருவாக்கிக் கொள். மனிதன் மீது வைக்கும் நம்பிக்கையை விட இறைவன் மீது வைக்கும் நம்பிக்கையை அதிகரித்துக் கொள். உன் கண்ணீரும், உன் கவலையும் உன்னை பலவீனமாக காட்டிவிடும்... அழுவதாலும் சோர்ந்து போவதாலும் ஒன்றும் நடக்கப் போவதில்லை. எப்படி இருந்தாலும் நீதான் அந்த சுமையை சுமந்து ஆகவேண்டும்.

“அழுது சுமப்பதை காட்டிலும், ஏற்று சுமப்பது உனக்கு சிரமம் இல்லாமல் இருக்கும்.” தைரியமும் தன்னம்பிக்கையும் தான் ஒரு மனிதனை உலகத்தில் வாழ வைக்கும் என்ற உண்மையை உணர்ந்துகொள். இந்த பக்குவத்தை அடைந்து விட்டால் எத்துன்பமும் உன்னை நெருங்காது என்பதை உணர்ந்துகொள்....

இப்பதிவை பத்திரப்படுத்தி, உங்களுக்கு நேரம் கிடைக்கும் போதெல்லாம் பொறுமையாக மீண்டும் மீண்டும் படிக்கவும். நன்றி! தொகுப்பு

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knowledge

DO YOU TRUST IN TECHNOLOGY?



Do we have come to trust, unhesitatingly, so much of our technology. When my Mobile, PC calendar notifies me to a meeting, I go. It's tempting to say that I trust my mobile calendar like, I trust my won memory but that's actually an understatement. I trust my phone and I trust technology, more than a human.

For instance, my spouse and I keep a shopping list on a shared Google Doc. Either of us can enter things into the list. Then, when one of us goes to the store, they simply buy everything on that list. When I'm shopping, I don't question the entries. Half the time, I can't even remember which of us entered which item. I just trust the list - which includes trusting my spouse, but also the technologies that transmit and maintain that list.

To put it more philosophically: my trust settings give my spouse the right to directly input things into my procedures for action. By trusting the system, I'm putting her thinking on a par with my own. And by trusting Google Docs, I'm putting it on a par with my own memory as a system for preserving the conclusions of my past thinking.

This is one of the powers of unquestioning trust. It is a way of integrating external processes into your practical self.

Trust sets up open pipelines into your mind, and these unprotected, open gateways are enormously efficient - and dangerous.

How far I can trust the Technology

Using technologies, then, implies trusting ourselves to technologies. We argue that this does not imply an uncritical subjection to technology. Rather, recognizing that technologies help to constitute human subjectivity implies that human beings can get actively involved in processes of technological mediation. Trust then has the character of confidence: deliberately trusting oneself to technology.

Trust is a central dimension in the relation between human beings and technologies. In many discourses about technology, the relation between human beings and technologies is conceptualized as an external relation: a relation between pre-given entities that can have an impact on each other but that do not mutually constitute each other.

Trust is a complex matter. It's something that, as an organization, you need to earn, not just by



words (and the creation of perceptions through words and promises) but most of all by actions. Things people feel in their day-to-day lives. This doesn't mean that words aren't important, especially when they create trust through veracity, clarity and transparency.

Trust is the backbone of the digital economy. When individuals trust the internet, they participate more freely. Building trust requires sustained

efforts and is complex but can create immense value. Fostering trust, in the Indian context, has different dimensions

Based on a more internal account of the relations between human beings and technologies, it becomes possible to see that every technological development puts at stake what it means to be a human being.

Excessive Data Collection, Privacy and Data Security

Addressing broader concerns around excessive data collection, privacy and data security, these go beyond just, individuals prefer digital products they trust. Businesses can leverage privacy and trust as a competitive advantage. Also, for responsible data sharing, businesses need to acknowledge that the "burden of proof" on privacy rests with providers rather than consumers. It is unfair to expect consumers to have the time, knowledge and expertise to go through privacy policies, which are usually lengthy and complex. The onus must shift from over-reliance on "informed consent" by users to "quality assurance" by providers.

Trust as a business differentiator

Going beyond compliance, businesses can leverage privacy and trust as a competitive advantage. A recent study by the Centre for Social and

Behavioral Change found that when customers understand a privacy policy better, they share more data. An experiment showed that they also share more data with businesses that had better "privacy ratings". Some immediate steps that businesses can take include having clearer privacy policies and collecting only as much data as they need. Starting with a better understanding of how customer data is collected, where it is stored and who has access to it - most businesses do not know this today. Customers should also have the ability to delete their own data.

Technology cannot be untrustworthy

We worry about being too trusting with other people. But we should also worry about technological trustfulness - about being too willing and eager to trust technologies without realizing how deeply they will change us.

The widespread adoption of responsible tech practices - inclusion, privacy, security, transparency and good governance - is essential to building trust in technology and creating a thriving and well-governed digital society.

Conclusion

Do you drive a car? Have you ever flown in an airplane? Used an elevator?

If yes to any of these, you trusted technology with your life.

Have you ever eaten unspoiled food that would have gone rotten days ago if left outside a fridge? Used a microwave to heat this food? Are you reading this on a PC or smart phone? Is your current room lit by an electric light? Are you cooled by an air conditioner or warmed at this moment by an electric heater?

Your daily food and comfort is made possible by utilizing technology.

You have no choice but to trust technology. Technology cannot be untrustworthy. Humans use technology to break the trust of those around them.

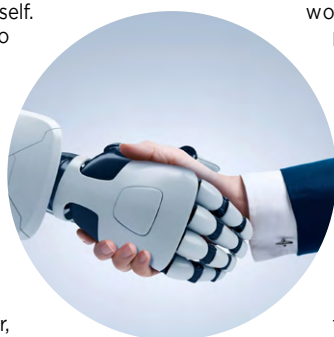
If you are afraid of technology, go live in a cave. Just don't take a knife, matches, a torch, warm clothes, a sleeping kit or tinned food with you.



V. John Fredrick

M.Sc., M.Phil (Chemistry),
M.Tech (Printing and Packaging
Technology)

freddyvj@gmail.com | 98411 27901





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